

MOTOR SKILLS NEWSLETTER

COACH KRISTEN



Week of February 12, 2018

What's Inside:

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- Lessons for the Week
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START OF CLASS

We will start each Motor Skills class by running laps in the Gym. Then, I will go over the "Motor Skills Class Rules".

LESSONS FOR THE WEEK

This week we will have fun learning about and then playing Carnival Games. We are having our 7th Annual Spring Fling Carnival on Sunday, March 4th. During Motor Skills I will

"Train up a child in the way he should go; and when he is old, he will not depart from it."
Proverbs 22:6

have some of these games for the students to play.

Please join us for this fun family event!

REMINDERS

Please send your child to school in sneakers (or tennis shoes) each day. Not only for their Motor Skill class but also for running and playing on our playground.

SPECIAL NOTE

Studies have been done and shows that most children do not get enough outside play time. Each week I encourage the children to play outside after they get home from school. I also encourage **NO TELEVISION** time until they play!

To quote Gernsbacher, et.al., 2008
"Advanced motor skills in infancy and toddlerhood are related to greater language fluency in later childhood and even adolescence a finding that researchers speculate may be due in part to the connections among motor coordination, brain development, and the physical actions required for fluent speech."